

# Chorlton Park Summer Menus

Week One				
Monday	Tuesday	Wednesday	Thursday	Friday
<i>meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ...</i>				
Macaroni Cheese <i>A = gluten, eggs, milk</i>	Pepperoni Pizza <i>A = gluten, milk</i>	BBQ Chicken Drumsticks <i>A = no allergens</i>	Lamb Kofta Kebabs <i>A = gluten, eggs</i>	Fish Sandwich <i>A = fish, gluten, eggs</i>
<i>halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ...</i>				
Macaroni Cheese <i>A = gluten, eggs, milk</i>	Mozzarella, Basil & Tomato Pizza <i>A = gluten, milk</i>	BBQ Chicken Drumsticks <i>A = no allergens</i>	Lamb Kofta Kebabs <i>A = gluten, eggs</i>	Fish Sandwich <i>A = fish, gluten, eggs</i>
<i>vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ...</i>				
Basil, Mascarpone & Tomato Pasta Bake <i>A = gluten, milk</i>	Mozzarella, Basil & Tomato Pizza <i>A = gluten, milk</i>	Cheese & Onion Flan <i>A = gluten, eggs, milk</i>	Med Veg Platter with Hummus <i>A = eggs, milk</i>	Selection of Sandwiches with Cheese Roll <i>A = gluten, eggs, milk</i>
<i>alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ...</i>				
Jacket Potato with Beans <i>A = sulphites</i>	Jacket Potato with Cheese <i>A = milk</i>	Jacket Potato with Tuna Mayo <i>A = milk, eggs, fish</i>	Jacket Potato with Beans or Cheese <i>A = milk, sulphites</i>	Jacket Potato with Tuna Mayo or Cheese <i>A = fish, eggs, milk</i>
<i>vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ...</i>				
Carrots and Peas & Crusty Baguettes <i>A = gluten</i>	Seasoned Wedges, Sweetcorn <i>A = gluten</i>	Roast Potatoes & Mixed Vegetables <i>A = no allergens</i>	Couscous with Yogurt, Mint Dip, Corn on the Cob, New Potatoes & Chutney <i>A = milk</i>	Chips & Salad of the Day <i>A = no allergens</i>
<i>pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ...</i>				
Vanilla Shortbread <i>A = gluten</i>	Yogurt Pot with a Choice of Sliced Fruit <i>A = milk</i>	Ice Cream <i>A = milk, eggs</i>	Fruit Jelly <i>A = no allergens</i>	Yogurt Pot with a Choice of Sliced Fruit <i>A = milk</i>
Seasonal fresh whole fruit available daily				

Week Two				
Monday	Tuesday	Wednesday	Thursday	Friday
meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ...				
Catalan chicken with paella style rice <i>no allergens</i>	BBQ spare ribs <i>no allergens</i>	Summer deli counter with lemon & thyme drumsticks <i>A=milk</i>	Tuna Pasta Bake <i>A= celery, gluten</i>	Salmon fishcakes with lime mayo <i>A= fish, gluten, egg, milk</i>
halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ...				
Catalan chicken with paella style rice <i>no allergens</i>	Lamb kofta <i>A= gluten, eggs</i>	Summer deli counter with lemon & thyme drumsticks <i>A= milk</i>	Tuna Pasta Bake <i>A= celery, gluten</i>	Salmon fishcakes with lime mayo <i>A= fish, gluten, egg, milk</i>
vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ...				
Spanish omelette <i>A= eggs, milk</i>	Mediterranean pasta bake <i>A= gluten, eggs</i>	Summer deli counter with cheese roll <i>A= milk</i>	Penne Arrabiata <i>A= gluten, egg milk</i>	Cheese & fresh chive whirl <i>A= gluten, milk, eggs</i>
alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ...				
Jacket potato with tuna mayo or cheese <i>A= milk, eggs, fish</i>	Jacket potato with cheese <i>A= milk</i>	Jacket potato with beans or cheese <i>A= sulphites, milk</i>	Jacket potato with tuna mayo <i>A= eggs fish</i>	Jacket potato with beans and cheese <i>A= milk sulphites</i>
vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ...				
Broccoli <i>no allergens</i>	New potatoes & mini corn on the cob <i>no allergens</i>	Potato twists & salad of the day <i>A= gluten</i>	Wedges & green salad <i>no allergens</i>	Mixed salad & garden peas/Potato smilies <i>A= milk</i>
pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ...				
Chocolate Brownie <i>A= eggs, gluten</i>	Fresh fruit salad <i>no allergens</i>	Strawberries and cream <i>A= milk</i>	Lemon drizzle cake <i>A= milk, gluten</i>	Yogurt pot with a choice of sliced fruit <i>A= milk</i>
Seasonal fresh whole fruit available daily				

Week Three				
Monday	Tuesday	Wednesday	Thursday	Friday
meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ...				
Pancetta, basil & cheese pizza <i>A= gluten, milk</i>	Sausage, beans & mash <i>A= milk</i>	Lamb spaghetti bolognese <i>A= celery, gluten</i>	Chicken curry <i>A= soya, eggs</i>	Fish fingers <i>A= fish, gluten, eggs, milk</i>
halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ...				
Cheese & tomato pizza <i>A= gluten, milk</i>	Sausage, beans & mash <i>A= milk</i>	Lamb spaghetti bolognese <i>A= celery, gluten</i>	Chicken curry <i>A= soya, eggs</i>	Fish fingers <i>A= fish, gluten, eggs, milk</i>
vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ...				
Pepper & sweetcorn pizza <i>A= gluten, milk</i>	Leek, shallot & cheddar cheese quiche <i>A= gluten, milk, eggs</i>	Quorn bolognese <i>A= soya, gluten, celery</i>	Vegetable stir fry noodles <i>A= gluten, eggs, soya, sesame</i>	Selection of paninis and sandwiches <i>A= gluten, milk, eggs</i>
alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ...				
Jacket potato with beans & cheese <i>A= milk, sulphites</i>	Jacket potato with tuna mayo <i>A= fish, eggs</i>	Jacket potato with Cheese <i>A= milk</i>	Jacket potatoes with tuna mayo & cheese <i>A= fish, eggs, milk</i>	Jacket potato with beans <i>A= sulphites</i>
vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ...				
Sweetcorn & wedges <i>A= gluten</i>	Mash, gravy, carrots & peas <i>A= milk</i>	Summer greens, garlic bread & spaghetti <i>A= gluten, eggs</i>	Steamed rice with naan bread, bhaji & broccoli <i>A= gluten</i>	Chips, peas, salad of the day & salsa <i>no allergens</i>
pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ...				
Lancashire nut biscuits <i>A= gluten</i>	Yogurt pot with a choice of sliced fruit <i>A= milk</i>	Rice Krispie Crunch <i>A= traces of barley</i>	Pancakes with blueberry compote <i>A= gluten, eggs</i>	Yogurt pot with a choice of sliced fruit <i>A= milk</i>
Seasonal fresh whole fruit available daily				

Week Four				
Monday	Tuesday	Wednesday	Thursday	Friday
meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ... meat dish ...				
Beef lasagne <i>A= milk, eggs, gluten</i>	Hoisin & Honey Spare Ribs <i>No allergens</i>	Turkey meatballs in a rich tomato sauce <i>A= milk</i>	Harry Ramsden salmon small fry with parsley sauce <i>A= gluten, milk, eggs, fish</i>	Chicken burgers <i>A= gluten, eggs</i>
halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ... halal dish ...				
Beef lasagne <i>A= milk, eggs, gluten</i>	BBQ chicken drumsticks <i>No allergens</i>	Turkey meatballs in a rich tomato sauce <i>A= milk</i>	Harry Ramsden salmon small fry with parsley sauce <i>A= gluten, milk, eggs, fish</i>	Chicken burgers <i>A= gluten, eggs</i>
vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ... vegetarian dish ...				
Cheese Pie <i>A= eggs, gluten, milk</i>	Veg lasagne <i>A= gluten, eggs, milk</i>	Chickpea & Asian veg <i>A= celery, soya, eggs</i>	Tomato & broccoli pasta bake <i>A= gluten, milk, eggs</i>	Onion bhaji Burgers <i>A= gluten</i>
alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ... alternative dish ...				
Jacket potato with beans or cheese <i>A= sulphites, milk</i>	Jacket potato with tuna mayo or cheese <i>A= fish, eggs, milk</i>	Jacket potato with beans and cheese <i>A= milk sulphites</i>	Jacket potato tuna mayo <i>A= eggs, Fish</i>	Jacket potato with beans <i>A= sulphites</i>
vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ... vegetables ...				
Garlic bread, mixed veg & green salad <i>A= gluten</i>	Green salad & sautéed potatoes <i>No allergens</i>	Crusty bread rolls, spaghetti <i>A= Eggs /gluten</i>	Peas & sweetcorn & potato wedges <i>no allergens</i>	Chips, salsa & mixed salad <i>no allergens</i>
pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ... pudding ...				
Fruit muffin <i>A= gluten, milk</i>	Yogurt pot with a choice of sliced fruit <i>A= milk</i>	Chocolate chip cookie <i>A= gluten, milk</i>	Fruit flapjack <i>A= oats</i>	Yogurt pot with a choice of sliced fruit <i>A= milk</i>
Seasonal fresh whole fruit available daily				